Will I be safe?

All our projects are run by at least one, fully trained Project Leader and most are suitable for anyone over the age of 16 to attend independently, (although you will need to ask for permission to come along if you're aged 16 or 17). Our Leaders all have first aid qualifications and are Disclosure and Barring Service (DBS) checked. All our activities are formally risk assessed. We provide public and personal liability insurance for you while you're talking part in any of our projects.



Removing elder from a hedgerow to prevent overcrowding of other species

Do I need to know how to do anything?

You won't need any special skills to join in, other than a willingness to get involved. There isn't an interview process and we don't normally ask for a commitment from anyone for more than a day at a time. We provide on-site, informal training and guidance as part of our delivery of projects, to ensure that everyone can make a personal contribution to them and learn through this process too.



Contact details

The Conservation Volunteers Rangers Depot Manor Farm Country Park Pylands Lane Bursledon Southampton Hampshire SO31 1BH

T 02380 402 593 E hampshire-bat@tcv.org.uk

www.tcv.org.uk/se/biodiversity

Supported with a grant from The People's Health Trust

Reclaiming green places since 1959

®Green Gym is a registered Trade Mark of The Conservation Volunteer © 2013. Registered Office: Sedum House, Mallard Way, Doncaster DN4 8DB. Registered Charity in England (261009) and Scotland (SC039302) Registered in England as a Company Limited by Guarantee No 976410 VAT No. 233 888 239

Money raised by Health**Shape** through





Biodiversity Action Team Hampshire





www.tcv.org.uk/se/biodiversity

Recycled paper

Join our Biodiversity Action Team

Our Biodiversity Action Team offers a FREE programme of one day conservation volunteering opportunities. As well as tackling projects that help to protect and enhance our biodiversity, most of our activities also help to mitigate the effects of climate change, or help to improve access or interpretation of green spaces to enable people to enjoy them more.

Our Biodiversity Action Team carries out a wide range of activities, such as managing woodlands, restoring heathlands, hedge-laying, improving public access (via path, step, fence, stile and boardwalk construction and maintenance), caring for community gardens, planting hedges and trees; the list is nearly endless!

Our Biodiversity Action Team works on sites across Hampshire; ranging from country parks to small pockets of woodland and local green spaces. Most of the sessions are carried out on behalf of county, district and parish councils, schools and other conservation or community organisations.





Do I need to be 'fit and able'?

We only ask that you have a basic level of physical fitness. We try to provide a range of different activities to suit all sorts of people on our projects. In fact keeping fit is one of the main reasons people volunteer with us. If there's anything especially difficult or unusual about the work we're planning to do or the location where we're doing it, we mention this in the project's description. We also try to provide details about the availability of toilets too.

Join in, feel good

Do I need to bring anything with me?

We'll provide you with all the tools and equipment needed, including suitable work gloves, (although you may wish to bring your own). We also provide biscuits and refreshments for tea breaks etc. You will need to provide your own packed lunch; a lot of our work sites are not near any shops. Please come prepared for the likely weather conditions on the day and wear suitable work clothes. We recommend sturdy boots, long-sleeved tops and long trousers, with a sun hat if necessary. If you require them, bring along your own waterproofs, insect repellent, sun block, camera, money and personal medication (including pain killers).