

15 MICRO-ADVENTURES

EXPLORING LOUSEHILL COPSE WOODLNAD

☐ Get to know a tree

Some are tall, some wide, some old and gnarled. Many animals make trees their home. Can you spot any insect holes or moss on your tree?



Safety note:

Please take an adult with you to the woods

Please follow the current government guidelines on social distancing.



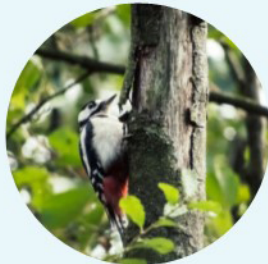
Climb Step Mountain

Climb to the top of step mountain to the pond! If you can, keep going on the steps around the left of the pond.



☐ Make a Nature Mandala

Mandala means 'circle' with a symmetrical pattern starting from the centre. You can make one using natures' gems from the woodland floor like leaves, sticks, pebbles and flowers. Don't be afraid to get creative!



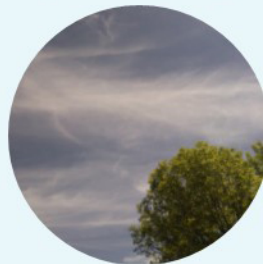
Get up at sunrise to hear the birds



Sunrise is the best time to hear all the birds singing at once. Listen out for the drumming sound of a woodpecker and the 'Tea-cher! Tea-cher!' of a great tit.

☐ Cloud watch in the meadow

What shapes can you see in the sky? Maybe you can create a story out of what you see. Lie down in the grass in the meadow and observe.



Make a Mud Pie



Mix together some water in soil to create mud! Why not decorate your pie with some pebbles? Remember it is not a pie for tasting and be sure to wash your hands through afterwards!

☐ Picnic in the meadow

Soak up the sun whilst enjoying some lunch in the meadow. You can find the meadow at the North side of the woodland.

