



GET CREATIVE!

Bring your creativity to Seven Lochs and make some natural art. From the gorgeous views, the different colours and interesting patterns, there is plenty to be inspired by.



You will need

- A small bag or container to collect natural items in
- Get creative activity sheet



Keep in mind

- Wash your hands after handling natural items
- Avoid pulling leaves or flowers off of plants or disturbing an area too much
- If you aren't sure what something is, best not to touch it

John Muir Award

Discover

Explore

Conserve

Share



What to do

- Go for a walk around Seven Lochs.
- Collect natural items that you find interesting along the way - for example leaves, sticks, feathers, rocks.
- Find a quiet spot to create your art. Use the ground to work on.
- Use the items you have collected to create your art - use the ideas on the activity sheet to share your experience of Seven Lochs.
- Once you have finished you could make a frame with sticks and take a picture! Share it with us on social media #SevenLochs
- You could leave the art for others to see (but remember to take the paper or cardboard home if you used this).



A great place for this activity is....

Anywhere!

You could do this activity anywhere in Seven Lochs, another greenspace or even your garden!



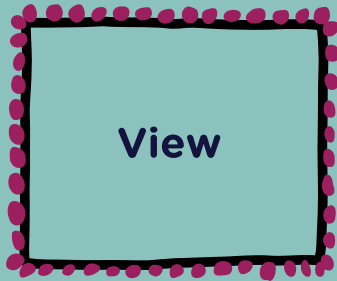
INSPIRING SCOTLAND





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Activity Sheet



View

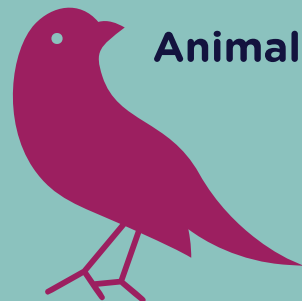
Can you recreate a view that you saw on your walk?



Colours



Can you create a rainbow showing the different colours you have collected?



Animal

Did you see an animal on your walk? Can you make it with your natural items?

Patterns



Was there a pattern on the water or in the bark on a tree that you can recreate?



Map

Create a map of your favourite walk in the park!

