



MAKE A CROWN

People have used nature to make decorations for many years. Can you create your own crown from the gems and treasures you find at Seven Lochs?



You will need

- 2 x A4 paper
- Glue or sticky tape
- A small container or bag to collect natural items



Keep in mind

- Wash your hands after handling natural items
- Avoid pulling leaves or flowers off of plants or disturbing an area too much
- If you aren't sure what something is, best not to touch it

John Muir Award

- Discover
- Explore
- Conserve
- Share



What to do

- Go for a walk at Seven Lochs.
- Look out for interesting, pretty or unusual natural materials on your walk to put on your crown. Collect them in your bag or container.
- Make sure they are not too large or heavy - remember they will be going on your crown!
- Follow the instructions on the activity sheet to make your crown.
- Once you have finished take a photo of your nature crown and share it with us on social media #SevenLochs



A great place for this activity is....

Anywhere!
You could do this activity anywhere in Seven Lochs, another greenspace or even your garden!



INSPIRING SCOTLAND

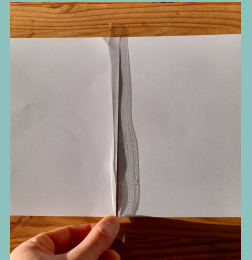
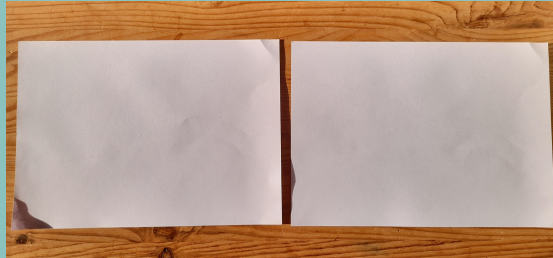


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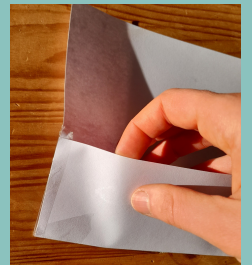
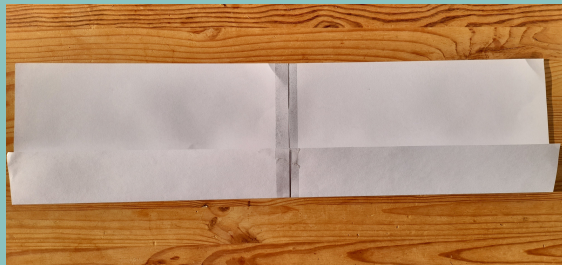
Activity Sheet



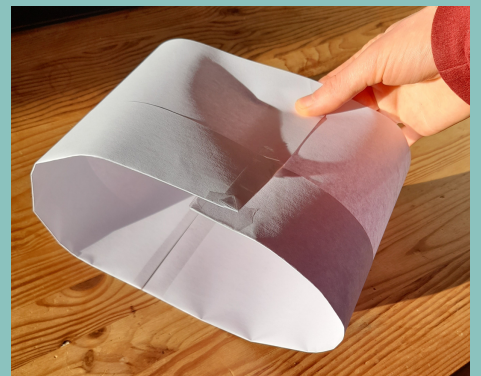
Put two sheets of A4 paper next to each other with the short ends touching. Tape them together along the short ends.



Fold the long edge of paper up by about 10cm. Tape the ends of this new fold to create a pocket.



Place the paper around your head, with the pocket at the bottom. Tape the ends together to fit your head.



Now you have made your crown you can decorate it with the natural materials you collected! Slide them into the pocket and secure them in place with tape or glue.

